

# Geology 190/Anthropology 190: Field Studies in Hawaii

## Daily Itinerary and Teaching Topics

June 1-13, 2016

### June 1: Wednesday / Hilo, Hawaii

No official activities planned except a short evening meeting

Students and Staff arrive

*Hotel: Hilo Hawaiian*

### June 2: Thursday / Hilo, Hawaii

Hawai'i Volcanoes National Park - Crater Rim Drive 30 minutes to park/VC/lava tube/crater hike (3 miles/level)

Visitor Center– Intro to Hawaiian volcanism

Hike Thurston Lava Tube – Lava tube formation (short, easy hike)

Hike Kilauea Iki Crater – 1959-60 eruptions (DVD?) (or Devastation Trail-easier)

[Sack/Tailgate lunch](#)

Halemaumau Crater (if it isn't a sea of lava by then...)-visible from museum/end of day (sunset 7:10 pm; can stay for glow or go down for dinner earlier)

Jagger Museum and Hawaii Volcano Laboratory

*Hotel: Hilo Hawaiian*

### June 3: Friday / Hilo, Hawaii

Down Chain of Craters Road (9 am – 12:30 pm)

Lunch (in Hilo?)

Pahoia Road outside east side of park for lava flows or Lava Tree State Monument (tree casts)—drive and short visit to the monument (to about 4 pm)

Saddle Road-Kaumana Lava Tube—quick stop of tube (wild tube; no lighting) steep/in rainforest (Pu'u Huluhulu

Kipuka [2/3 miles trail; spot of rainforest within lava flow-altar to Hawaiian gods—active] on Saddle Pass)

[Sack/Tailgate dinner to take up to sunset](#)

Sunset at Onizuka Center for International Astronomy (telescope viewing)—9,000 feet; stay for a few hours (New Moon, so nice dark skies)

*Hotel: Hilo Hawaiian*

### June 4: Saturday / Hilo, Hawaii

Flexible--Rainbow Falls or Pe'epe'e Falls and Boiling Pots—in Hilo, can do on a morning before we head out one day—option (7:30 to go, or wait until 8:30 to leave)

Tsunami Museum in Hilo

Lunchtime: Hilo Farmers Market- Hawaiian cultural events

Lyman History Museum

Hamakua Heritage Corridor—drive right outside of Hilo (drive by small houses in jungle and possible taro fields)

Akaka Falls (400 foot beautiful hike; 1 mile loop; steep but easy)

Lapahoiohi Tsunami Damage (local park; talk and look-incredible lava flows)

Waipio Overlook (at end of road; 20 minute drive out)—could

*Hotel: Hilo Hawaiian*

**June 5: Sunday / Hilo, Hawaii**

Kipuka Puau (native birds and kipuka formation) National Park (1-mile loop trail through kipuka)  
Flexible/Optional (many reasons why drive cannot happen; fire danger, etc)--Drive up Mauna Loa Road for overview of Kilauea (talk about Kilauea anyway)  
Mauna Ulu 1969-1974 Lava flows and tree molds  
[Sack/Tailgate lunch](#)  
Hilina Pali – large scale earthquake/landslide scarps (seismic activity in Hawaii--wind)  
*Hotel: Hilo Hawaiian*

**June 6: Monday / Hilo, Hawaii to Kona Coast via south route**

Punalu'u or Whittington State Beach – Turtles, black sand beaches (2 hours drive to this from Hilo; walk on beach and stretch)  
Naalehu – extensive a'a flows  
[Bakery stop for lunch](#)  
South Point and green sand beaches hike (5 mile hike—Polynesians arrived here?? Fishing gear underwater)/option to stay at bakery or go into Whittington (beaches and tidepools)  
*Hotel: Holiday Inn Express and Suites Kailua-Kona*

**June 7: Tuesday / Kailua Kona (Drive North)**

Pu'ukohola Heiau National Historic Site—Large stone foundations  
Lapakahi State Historical Park, Hawaii Island  
Kealahou Bay State Historical Park (arrival of Captain Cook 1779)  
Keolonahihi State Historical Park  
[Sack/Tailgate lunch](#)  
Pololu Beach and Overlook: North end of Pali (statue)  
*Hotel: Holiday Inn Express and Suites Kailua-Kona*

**June 8: Wednesday / Kailua Kona (Drive South and back North)**

Painted Church (mission church)  
Pu'uhonue o Honaunau National Historical Park  
[Sack/Tailgate lunch](#)  
Kohala and Hualalai (older shields)  
Kaloko-Honokōhau National Historical Park (newly developed; just outside Kona; fish ponds)  
Optional: Beaches – Hilton petroglyphs  
*Hotel: Holiday Inn Express and Suites Kailua-Kona*

**June 9: Thursday / Kailua Kona, Big Island to Lihue, Kauai**

Flight to Kaua'i  
Menehune Fish Ponds  
Opaekae Falls (2 miles from hotel)  
Possible evening hike to Sleeping Giant (trailhead about 2 miles from hotel— 2 mile hike; great views!)  
*Hotel: Courtyard Marriott at Kauai Coconut Beach*

**June 10: Friday / Lihue, Kauai**

Tour of northern part of island  
Haena State Park, Ke'e Beach, Pali Coast, hike to Hula school (used through early 1800s) ruins (short walk)  
Wave cut caves  
[Sack/Tailgate lunch](#)  
Hanalei Overlook  
Waioli Mission House and Church (Drive by and look—early church)  
*Hotel: Courtyard Marriott at Kauai Coconut Beach*

**June 11: Saturday / Lihue, Kauai**

Kalalau Lookout at Koke'e State Park (museum open 9am-4pm everyday)  
Waimea Canyon (Short Hikes: Waipoo Falls Trail around canyon or rest)  
[Sack/Tailgate lunch](#)

Old Koloa Heritage Trail (short hike)

Poipu Beach (sandy beaches with sedimentary rock!)—tourist area/Spouting Horn

**Hotel: Courtyard Marriott at Kauai Coconut Beach**

**June 12: Sunday / Lihue, Kaua'i**

Choose your Adventure

- Alaka'i Swamp (Pihea trail; canyon trail in Waimea; Hanapepe (historical town) shopping; or Wailua River area (kayaking), Helicopter flight, etc.

**Hotel: Courtyard Marriott at Kauai Coconut Beach**

**June 13: Monday / Lihue, Kaua'i**

Group splits as each goes their own way